



2019 Fall Program Registration

Completed form should be returned to:
Eagle Mount Billings
1140 16th Street West, Suite 12,
Billings, MT 59102
406-969-2949 office
406-969-2952 fax

Participant Packet/Medical History on file: Y N

Participant Name:

1:1 Swim: Tuesdays- 9/3, 9/10, 9/17, 9/24, 10/1, 10/8
St. Vincent's Rehabilitation Pool
Cost: \$195.00

Choose One: Time slots are first come/first serve
5:00pm to 5:45pm
6:00pm to 6:45pm
7:00pm to 7:45pm

1:1 Swim: Thursdays- 9/5, 9/12, 9/19, 9/26, 10/3, 10/10
St. Vincent's Rehabilitation Pool
Cost: \$195.00

Choose one: Time slots are first come/first serve
5:00pm to 5:45pm
6:00pm to 6:45pm
7:00pm to 7:45pm

Golf: Wednesdays- 9/4, 9/11, 9/18, 9/25, 10/2, 10/9
5:30pm to 7:00pm
Yegen Golf Course
Cost: \$75.00

Cycling: Mondays- 9/9, 9/16, 9/23, 9/30, 10/7
5:30pm to 7:00pm
Shiloh Conservation Area
Cost: \$75.00

Out and About: Mondays- 10/14, 10/21, 10/28, 11/4, 11/11, 11/18

Cost: \$60.00 for 6/\$15.00 for Individual dates

Ages: 15+

	DATE	ACTIVITY	LOCATION	TIME
1	10-14-2019	Menu Planning and Grocery Shopping	Meet at Eagle Mount Office	5:30-7:30pm
2	10-21-2019	Cooking Class	Meet at Eagle Mount Office	5:30-7:30pm
3	10-28-2019	Zumba Exercise Class	Meet at Eagle Mount Office	5:30-7:00pm
4	11-4-2019	Spa & Man Spa Night	Meet at Eagle Mount Office	5:30-7:00pm
5	11-11-2019	“Lights Camera Action” Let’s make a movie	Meet at Eagle Mount Office	5:30-7:30pm
6	11-18-2019	Out to Dinner	Meet at Eagle Mount Office	5:30-7:30pm
<p><i>This Out and About schedule is all geared towards daily living skills.</i></p> <p><i>*Please call the Eagle Mount office to RSVP 969-2949 or email me at rachelh@eaglemount.us*</i></p>				<p>*All pick up and drop off will be at the Eagle Mount office</p>

Group Swim: Thursdays-10/17, 10/24, 11/7, 11/14, 11/21,

St. Vincent’s Rehabilitation Pool

Cost: \$75.00

Choose One: Timeslots are first come/first serve

5:00pm to 6:00pm (Maximum Swimmers 6)

6:15pm to 7:15pm (Maximum Swimmers 6)